



MEDICAL MUTUAL OF OHIO®
Your healthcare partner since 1934

Wellness Incentive Program Agreement

Employers Requirements/Responsibilities

1. Promote Medical Mutual's Health Risk Assessment (HRA) and health screening event.
2. Offer and promote preventive care benefits in at least one employee benefit package.
3. Use Medical Mutual's Health Management Programs for specific health conditions.
4. Meet at least twice annually with a Health and Wellness Coordinator from Medical Mutual.
5. Develop a 12-month wellness work plan.
6. Distribute at least two promotional wellness mailings.

Terms and Conditions

Medical Mutual reserves the right to end this program, but still provide the incentives agreed upon if the wellness activities are maintained and the group commits to renewal.

No incentives will be provided if the six steps and/or the wellness work plan are not completed. To receive a gift card, employees must have active coverage with Medical Mutual at the time of issuance.

Medical Mutual and the employer group have agreed upon the information collected in this document and are bound to the dates, services and communications as indicated above.

Group name

Employer group signature

Date

Printed name and title

Information to be completed by Medical Mutual

Medical Mutual representative signature

Date

Effective date of group's contract renewal

Group number